



## BEHAVIORAL HEALTH SCREENING REFERENCE GUIDE FOR PRIMARY CARE PHYSICIANS

### RECOMMENDED COMPONENTS OF A COMPLETE BEHAVIORAL HEALTH SCREENING

Use a validated tool to screen members for:

- Mental Health Disorders (Depression, Anxiety, PTSD)
- Cognitive Function
- Sleep Habits and Appetite
- Psychosocial Status
- Suicidal/Violent Ideation
- Alcohol and Substance Abuse

### REFER MEMBERS WITH ALCOHOL OR DRUG ABUSE CONCERNS TO THE HEALTHY BEHAVIORS REWARDS PROGRAM

The Alcohol and Drug Abuse Healthy Behaviors Rewards Program is a one year program of treatment and rewards for success for Plan members who want to achieve sobriety. Providers must conduct substance and alcohol abuse screenings at the following times:

- Initial contact with a new Plan member
- Routine physical examinations
- Initial prenatal contact
- When a Plan member evidences serious over-utilization of medical, surgical, trauma, or emergency services
- When documentation of emergency room visits suggests the need
- For More Information - Phone: 1-800-887-6888; e-mail: [HealthyBehaviors@simplyhealthcareplans.com](mailto:HealthyBehaviors@simplyhealthcareplans.com); Link: [http://www.simplyhealthcareplans.com/sites/default/files/Healthy%20Behaviors\\_Provider%20Overview\\_booklet.pdf](http://www.simplyhealthcareplans.com/sites/default/files/Healthy%20Behaviors_Provider%20Overview_booklet.pdf)

### DOCUMENT THAT THE SCREENING WAS CONDUCTED

- *CODING OPTION 1: Evaluation and Management (E&M) Paired with Initial or Periodic Screening Visit Code*
- Initial or Periodic Comprehensive preventive medicine evaluation and management of an individual including an age and gender appropriate history, examination, counseling/anticipatory guidance/risk factor reduction interventions, and the ordering of laboratory/diagnostic procedures, in conjunction with an appropriate screening code new or established patient.
- *CODING OPTION 2: Evaluation and Management (E&M) Codes Paired with Diagnosis Codes*
- Office visits with E&M codes may be used, but to be counted as a Behavioral Health Screening, CPT codes must be paired with diagnostic codes. The pairing of a procedure code with a diagnostic code indicates that a screening was conducted as part of the office visit. Standalone E&M procedure codes do not constitute evidence of a behavioral health screening.

### ALWAYS REFER MEMBERS TO BEHAVIORAL HEALTH AND/OR CASE MANAGEMENT SERVICES WHEN BEHAVIORAL HEALTH ISSUES ARE IDENTIFIED DURING AN OFFICE EXAM

- **Case Management** - Phone: 1-877-915-0551; Fax :305-408-5882 Attn: Case Management
- **Psychcare** - Phone: 1-800-221-5487