



NAME (NOMBRE)

ADDRESS (DIRECCIÓN)

MEMBER ID (NUMERO DE MEMBRESIA)

PHONE (TELEFONO)

Item	Antacids / Digestion / Laxatives (Antiácidos / Digestión / Laxantes)	QTY Cantidad	Compare To Comparado A	Price Precio
A1	EFFERVESCENT PAIN RELIEF	36 ct	ALKA-SELTZER	4.49
A2	DAIRY RELIEF FAST ACTING CHEWABLE	60ct	LCTD FST ACT CHW	12.49
A4	ANTACID CALCIUM ES TABLETS	96 ct	TUMS	3.99
A7	RANITIDINE 75MG	30 ct	ZANTAC	7.99
A8	ANTACID TABS	100 ct		6.49
A13	ANTACID CHEWEABLE TABS	60 ct		4.99
A14	HEARTBURN RELIEF TABS	30 ct	PEPCID ACID	6.99
A15	MOTION SICKNESS TABS	12 ct	DRAMAMINE	3.99
L1	BISACODYL TABS	25 ct	DULCOLAX	4.49
L2	STOOL SOFTENER	100 ct		9.99
L4	SENNALAXATIVE TABS	50 ct	SENOKOT	7.99
L6	GLYCERIN SUPPOSITORIES ADULT	25 ct		3.49
L8	CHILDRENS SUPPOSITORIES	25ct		3.49
L11	COLON CLEANSER	120 ct	FDC	7.99
L13	ENEMA SINGLE	1ct		1.49
Q1	ANTI-DIARRHEAL TABLETS	12 ct		5.49
Q3	PINK BISMUTH TABLETS CHEWABLE	30 ct	PEPTO-BISMOL	3.99
Q4	GAS RELIEF SOFT GEL E/S	30 ct		4.49
Q8	INFANT GAS RELIEF	0.5 oz		6.49
Q9	GRIPE WATER COLIC	4Z	BBLISS GRIPE WTR	8.49
Pain Relief (Analgésicos)				
M46	AZO URINARY RELIEF	12 tabs	AZO STANDARD	4.99
P1	IBUPROFEN TABS 200MG	50 ct	ADVIL	4.49
P11	CHILDREN'S PAIN RELIEF RAPID TABS	30 ct		3.99
P12	CHILDREN'S IBUPROFEN SUSPENSION	4 oz	CHILDREN'S MOTRIN	6.49
P13	CHILDREN'S PAIN RELIEF SUSPENSION	4 oz	CHILDREN'S TYLENOL	4.49
P14	HOT AND COLD PATCHES	5 ct	ICY HOT	6.99
P17	HEADACHE RELIEF COATED TABLETS ADDED STRENGTH	100 ct	EXCEDRINE/S	7.49
P19	NAPROXEN 220MG	24 ct	ALEVE	3.99
P20	GLUCOSE CHEWABLE TABLETS ORANGE	10 ct		1.99
P2	ASPIRIN 325MG COATED TABLET REG	100 ct	BAYER	2.49
P9	HEADACHE RELIEF COATED TAB - EXTRA STRENGTH	24 ct	BAYER	1.99
P3	ASPIRIN 81MG TABLETS LOW DOSE	32 ct	BAYER 81MG	2.49
P4	ENTERIC ASPIRIN 81MG	120 ct	BAYER 81MG	5.49
P44	MUSCLE THERAPEUTIC BLUE GEL	8 oz		7.49
P45	ACETAMINOPHEN NIGHTTIME PAIN RELIEF	24 ct	TYLENOL PM	3.99
P6	ACETAMINOPHEN 500MG TABLETS	100 ct	TYLENOL	6.99
P8	CHEWABLE ASPIRIN 81MG	36 ct	BAYER	2.49
M7	BABY TEETHING GEL	.33Z	BABY ORAJEL	3.99
Cough / Cold / Allergy (Tos / Catarros / Alergia)				
C1	NASAL SPRAY REGULAR	1 oz		5.49
C2	ALLERGY CAPSULES	24 ct	BENADRYL	3.99
C3	LIQUID COLD FLU SORE THROAT MAXIMUM STRENGTH	6z	MUCNX FM C/F&S	8.99
C7	MEDICATED CHEST RUB	3.53 oz	VICK'S VAPORUB	5.99
C8	DIGITAL THERMOMETER	EACH		4.99
C10	ALLERGY LORATIDINE 10MG	10 ct	CLARITIN	7.99
C11	SORE THROAT LOZENGES	18 ct	CHLORASEPTIC	3.99
C12	TUSSIN EXPECTORANT	4 oz		4.99
C13	TUSSIN DM COUGH	4 oz	ROBITUSSIN DM	4.99
C14	COLD MULTI-SYMPTOM	24 ct		4.99
C16	NASAL DECONGESTANT TABS	18 ct		4.49
C19	CHEST CONGESTANT RELIEF 400MG	60 ct		9.49
C20	CHILDREN'S ALLERGY ELIXIR CHERRY	4 oz	BENADRYL	4.99
C24	COLD GELS PE DAYTIME	16 ct	DAYQUIL LIQUICAPS	4.49
C52	SALINE NASAL SPRAY	1.5 oz		3.49
C53	ALLERGY CETIRIZINE 10MG TABS	14 ct	ZYRTEC 10MG TABLETS	9.99
C54	SINUS CONGESTION NIGHTTIME	16 ct		4.49
C55	CHILDREN ALLERGY DIPHENHYDRAMINE RAPID MELT	18 ct		4.49
C56	SINUS ACETAMENOPHEN	24 ct	TYLENOL SINUS	4.99
C57	SORE THROAT SPRAY	6 oz	CHLORASEPTIC	4.49
C60	COUGH COLD ANTIHISTAMINE	16ct	CORIC HBP C&C	5.49
C61	FEXOFENADINE TABLET 180MG	30ct	ALGR ADL 24HR180MG	14.99
First Aid (Primeros Auxilios)				
F1	ELASTIC BANDAGE	1ct	ACE	3.99
F2	MUSCLE RUB	3 oz	BEN-GAY	5.99
F3	ANTIBAC HEAVY DUTY FABRIC BANDAGE	20ct		3.49
F4	CALAMINE LOTION	6 oz		2.99
F5	HYDROCORTISONE CREAM 1%	1 oz	CORTIZONE	4.99
F7	TRIPLE ANTIBIOTIC OINTMENT	0.5 oz	NEOSPORIN	4.49
F9	CLEAR BANDAGES	45 ct		3.99
F11	ANTI-ITCH CREAM	1 oz	BENADRYL	4.99
F12	SHEER BANDAGES	40ct	BANDAID SHEER STRP	2.49
F21	IODINE	1 oz		2.49
F22	MERTHIOLATE	2 oz		3.99
F24	FIRST-AID KIT	Each		6.99

Item	First Aid (Primeros Auxilios)	QTY Cantidad	Compare To Comparado A	Price Precio
F29	ITCH RELIEF GEL MAXIMUM STRENGTH	4 oz		4.99
F34	HOT/COLD MULTI-COMPRESS	1 ct		8.49
F35	LIQUID CORN & CALLOUS REMOVER	.5 oz		3.99
F61	BACITRACIN OINTMENT	1 oz		5.99
F62	FIRST AID TAPE	EACH		1.99
F64	BENZOYL PEROXIDE 10%	1 oz		4.99
F65	FIRST AID STERILE GAUZE PADS 2X2	25ct		3.49
F66	LIQUID BANDAGE	0.3Z		4.99
M52	BENZOCAINE TOPICAL	0.33 oz	ANBESOL GEL	5.99
M53	GAUZE	1 ct		1.99
Dental/Teeth-Related (Dental)				
X2	DENTURE TABS	84 ct	EFFERDENT	5.49
X6	DENTURE ADHESIVE REGULAR	2.4 oz	FIXODENT	3.99
M2	TOOTHBRUSH	1ct		0.99
M35	DENTAL FLOSS WAXED	100 yd		2.49
X5	DENTURE CLEANSER TABLETS	40ct		2.99
M4	SENSITIVE TOOTHPASTE EXTRA WHITENING	4Z	SENSODYNE WHT TP	4.49
Anti-Hemorrhoids (Contra Hemorroides)				
H2	HEMORRHOIDAL SUPPOSITORIES	12 ct	PREPARATION H	4.99
H3	HEMORRHOIDAL OINTMENT	2 oz	PREPARATION H	7.49
Anti-Fungals (Antimicóticos)				
O1	CLOTRIMAZOLE CREAM USP 1%	1 oz	LOTRIMIN ANTIFUNGAL CREAM	9.99
O2	ANTIFUNGAL CREAM	1 oz	TINACTIN	6.99
M30	MICONAZOLE NITRATE	1.59 oz	MONISTAT 7	7.99
Ear and Eye Care (Cuidado de la vista y Oído)				
E1	ARTIFICIAL TEARS	.5 oz	VISINE TEARS	4.49
E2	EYE DROPS	.5 oz	VISINE	3.49
E3	EARACHE DROPS	.33 oz	SIMILASAN EAR RELIEF	8.99
X16	EAR WAX DROPS	kit	MURINE	5.99
E4	EYE ITCH RELIEF 12 HOUR	.17Z	ZADITOR	10.99
Miscellaneous / Sunscreen Lotion (Misceláneo / Loción Protectora Del Sol)				
F10	DIAPER RASH OINTMENT	2 oz		3.99
F30	FAMILY CARE INSECT REPELLENT (15% DEET)	2.5 oz	OFF	6.99
M1	SUNSCREEN ULTRA SHEER SPF 45	3 oz	NEUTROGENA ULTRA SHEER SUNBLOCK SPF #45	6.99
M3	LIP BALM	.15 oz		1.99
M6	SLEEP AID 25MG	24 ct		3.99
M9	COTTON SWABS DOUBLE TIPPED PLASTIC STICK	375ct		2.49
M11	BABY POWDER	4 oz	J&J	1.99
M12	BABY WIPES	20 ct	J&J	1.99
M23	HAND SANITIZER	2 oz		0.99
M39	UNISEX FOAM INSOLES	EACH		2.49
M43	TWEEZERS	EACH		1.99
M44	NAIL CLIPPER	EACH		2.49
M45	ALCOHOL PREP PADS	100 ct		3.99
M48	OIL OF BEAUTY	6 oz	OLAY	6.99
M51	CONTOURED BOTTOM WEEKLY PILL PLANNER LARGE	Each		2.49
M55	HEARING AID BATTERIES 312	8ct	D H-AID 312	6.99
M56	GENTLE TAPE 2 PACK	EACH		5.99
M57	VINYL DISPOSABLE GLOVES	50ct		7.49
X18	VITAMIN E CREAM	4 oz		4.99
X71	BLOOD PRESSURE MONITOR SEMI-DIG	Each		24.99
X72	BLOOD PRESSURE MONITOR	Each	OMRON	17.99
X74	BLADDER CONTROL PADS	20 ct	POISE PADS EXTRA ABSORBENCY	5.99
X75	ADULT UNDERWEAR SM/MED	20 ct	POISE	12.99
X76	MEN L/XL UNDERWEAR MAX	16 ct	POISE	12.99
X77	MEN S/M UNDERWEAR MAX	18 ct	POISE	12.99
X80	MAXI PADS REGULAR	48 ct	STAYFREE MAXI PAD WITH WINGS	5.49
X82	TAMPON PLASTIC	20 ct	TAMPAX PEARL	4.49
Nicotine Replacement Therapy (Terapia de Reemplazo de Nicotina)				
M60	NICOTINE REPLACEMENT THERAPY UNCOATED GUM ORIGINAL FLAVOR 4MG	20ct		10.99
M61	NICOTINE REPLACEMENT THERAPY GUM 4MG FR	20ct	NICOR FRT CHILL	10.99
M62	NICOTINE REPLACEMENT THERAPY UNCOATED GUM ORIGINAL FLAVOR 2MG	20ct		10.99
M63	NICOTINE REPLACEMENT THERAPY GUM 2MG FR	20ct	NICORETTE FRUIT CH	10.99
M64	MINI MINT LOZENG 4MG	20ct	NCRTT MINI LOZ 4MG	10.99
M65	MINI MINT LOZENG 2MG	20ct		10.99
M60	NICOTINE REPLACEMENT THERAPY UNCOATED GUM ORIGINAL FLAVOR 4MG	20ct		10.99

Medicines, ointments and sprays with active medical ingredients that cure, diminish or remove symptoms.

Medicamentos, ungüentos y aerosoles o sprays con ingredientes medicinales activos que curan o eliminan síntomas.

YOU WILL RECEIVE THE GENERIC EQUIVALENT OF ALL ITEMS.

USTED RECIBIRA EL GENERICO DE TODOS LOS PRODUCTOS.

Item	Vitamins / Minerals (Vitamins / Minerales)	QTY Cantidad	Compare To Comparado A	Price Precio
V1	B-COMPLEX VITAMIN 100% RDA	100 ct	B-COMPLEX	4.49
V10	GLUCOSAMIN/CHONDROITIN	50 ct	NATURE'S BOUNTY	10.99
V11	CALCIUM 500 MG +VITAMIN D	75 ct	CITRACAL	5.49
V14	VITAMIN A 10,000 IU NATURAL	100 ct	NATURE'S BOUNTY	4.99
V15	CHEWABLE MULTIVITAMINS	100 ct	FLINTSTONES	6.99
V16	VITAMIN E 400 IU	100 ct	NATURE MADE	12.99
V17	FOLIC ACID 800MCG	100 ct	FOLIC ACID	3.49
V18	IRON SUPPLEMENT	100 ct		5.49
V19	OMEGA-3 FISH OIL 1000MG	100 ct	PURITAN	7.99
V2	VITAMIN C 500MG	100 ct	NATURE MADE	6.99
V22	COLLAGEN 500MG	100 ct	BOTANIC CHOICE	8.49
V26	VITAMIN D 400 IU	100 ct		2.99
V3	CALCIUM CARBONATE 600 MG +D	60 ct	CALTRATE	4.49

Item	Vitamins / Minerals (Vitamins / Minerales)	QTY Cantidad	Compare To Comparado A	Price Precio
V5	COENZYME Q-10 10MG	30 ct	NATURE'S BOUNTY	5.49
V6	MULTIVITAMIN AND MINERALS	100 ct	ONE A DAY	5.99
V7	COMPLETE SENIOR VITAMINS	100 ct	CENTRUM SILVER	9.99
V32	VITAMIN D 1,000 IU	100 ct	NATURE MADE	3.49
V33	VITAMIN B-12 1000 MCG	100 ct	NATURE MADE	8.99
V35	MAGNESIUM 500MG	100 ct	NATURE'S BOUNTY	4.49
V36	ZINC GLUCONATE 50 MG CHELATED	100 ct		4.49
V38	CO-Q10 30MG 90 CT	90 ct	NATURE'S BOUNTY	9.99
V45	PROBIOTIC ADULT 20 BILLION	15ct		13.49
V49	MELATONIN GUMMIES 5MG	60ct		9.49
V50	L-LYSINE 500MG VITAMIN	100ct		5.49
V51	TURMERIC 400MG	100ct		10.49

Over-the-Counter Drug Catalog Program \$25 Benefit

BETTER HEALTH is pleased to provide its members with the Over-the-Counter (OTC) Drug Catalog Program. This is an easy way to get OTC drugs and supplies by mail through your BETTER HEALTH OTC benefit.

HOW TO ORDER BY MAIL:

1. Write your name, address, phone number and member ID in the space at the top of the form. Your shipping address must be the same as the address in your member record. We cannot fill your order if your address is not the same.
2. Check (✓) items you want on the order form that add up to \$25 or less. Your benefit limit is \$25 every month. If you order more than \$25, you will receive the first \$25 of items on your order.
3. Fold and seal the form with tape.
4. Place a first class stamp on the address side (outside) of the form and mail.

ORDER BY PHONE: To place your order by phone, call 1-800-514-4561 from 8 a.m. to 7 p.m. E.S.T. Monday through Friday.

ORDER BY FAX: Fax the completed order form to 1-866-682-6733 any time.

ORDER ONLINE: better.otchs.com.

IF YOU PREFER TO PICK UP THE ITEMS INSTEAD OF HAVING THEM DELIVERED, PLEASE VISIT ANY OF THE NAVARRO DISCOUNT PHARMACIES STORES.

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Catálogo de Artículos Sin Receta por Valor de \$25 Mensuales

BETTER HEALTH se complace en proveer a sus miembros el Programa de Catálogo de Medicinas Sin Receta. Esta es una forma conveniente de recibir por correo sus medicamentos y suministros sin receta médica a través de su beneficio de BETTER HEALTH.

COMO ORDENAR POR CORREO:

1. Escriba claramente su nombre, dirección, número de teléfono y número de afiliado en el espacio indicado. Su dirección de envío debe coincidir con la dirección que tenemos en su archivo de afiliación. No se completarán las solicitudes en los casos en que no coincidan las direcciones.
2. Seleccione artículos que sumen hasta \$25 o menos. Su beneficio tiene un límite de \$25 cada mes. Si excede este límite, recibirá automáticamente solo aquellos artículos que sumen un total de \$25 o menos.
3. Doble y selle el formulario con cinta adhesiva.
4. Coloque una estampilla de primera clase en la parte de afuera de este formulario.

POR TELEFONO: Para colocar su orden llame al 1-800-514-4561 de 8 a.m. a 7 p.m., hora del Este de lunes a viernes.

POR FAX: Envíe su forma por fax al 1-866-682-6733 a cualquier hora.

POR INTERNET: better.otchs.com.

SI USTED PREFERE, PUEDE RECOJER LOS ARTÍCULOS EN CUALQUIERA DE LAS FARMACIAS NAVARRO.